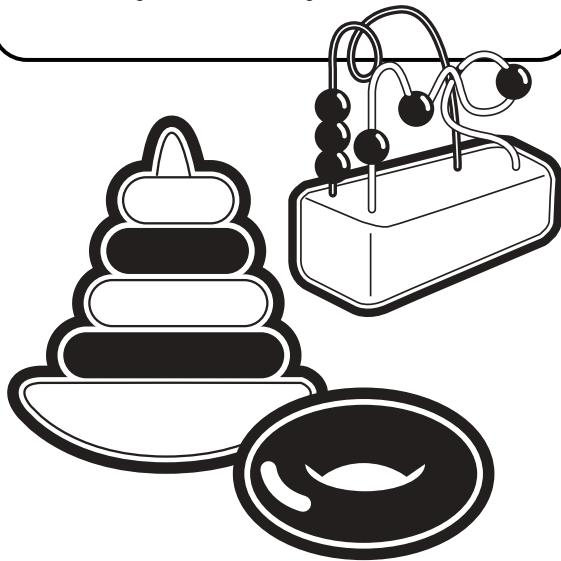


Good toys for a 6 month old baby:

- ▶ Toys that make noise or music boxes
- ▶ Boats and floating bath toys
- ▶ Balls
- ▶ Wood blocks
- ▶ Stacking blocks or rings



Your baby can choke on any toy or part of a toy that is small enough to fit through a toilet paper roll. Make sure all toys are bigger than this.

Do not use baby walkers! They are not safe. Instead, use an activity center that has no wheels.

Fear of strangers/ Separation Anxiety

At 6-8 months baby may show that he is most happy with his mother (or other main caregiver). Baby may:

- ▶ Become afraid of strangers
- ▶ Not want to go to other friends or relatives
- ▶ Not want to be held by other friends or relatives
- ▶ Have trouble going to sleep alone

This is called separation anxiety. It is normal and healthy behaviour.

It usually gets better around 9-10 months, and is over by about 1 year of age.



CH-20

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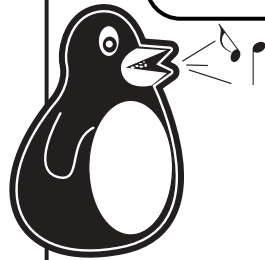
6 Child Development – Months Old



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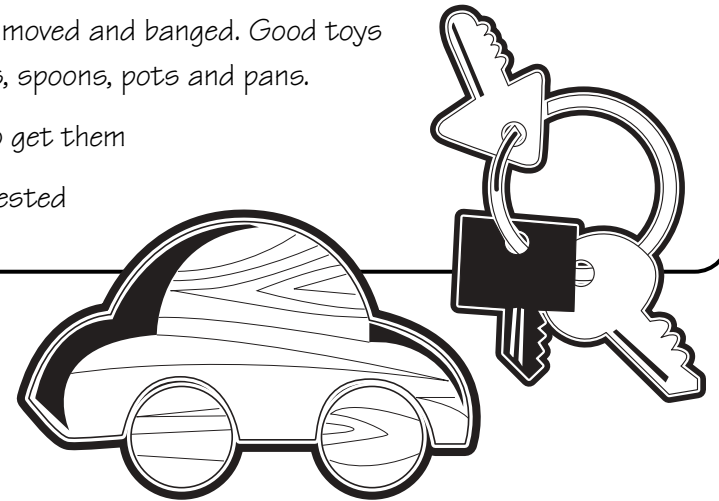
Your baby may be able to:

- ▶ Roll over from his front to his back
- ▶ Roll over from his back to his front
- ▶ Sit with support (or leaning forward on his hands)
- ▶ Move things from one hand to the other
- ▶ Put things in his mouth
- ▶ Turn his head to sounds like voices or his own name
- ▶ Babble ("da","ma")
- ▶ Push himself backward with his arms when on his tummy
- ▶ Look for a dropped toy



You can help your baby develop with these activities:

- ▶ Put her down where there is enough room to start crawling around
- ▶ Give her toys that can be grabbed, held, moved and banged. Good toys include simple things like measuring cups, spoons, pots and pans.
- ▶ Place her toys so that she must move to get them
- ▶ Change activities often, to keep her interested



You can help your baby learn to speak with these activities:

- ▶ React and encourage your baby to make sounds ("talk")
- ▶ Talk to him often
- ▶ Hum or sing when you are close by
- ▶ Talk to your baby about things that are going on around him, or what you are going to do together – in the house, at the store, bath time, etc.
- ▶ Name the objects used during your day and other things you see while carrying him
- ▶ Make noises for him such as clicking your tongue, smacking your lips, snapping your fingers, making car sounds, etc.