

# Good toys for 3 year olds:—

- Toys with pieces he can build with  
or fit together
- Toys with shapes to be matched
- Dolls
- Chalk for the sidewalk or chalkboard
- Play-dough or clay
- Finger paints
- Sport games



Your 3 year old wants to please you.  
Make it easy for her to behave well using  
these tips:

- Give your child toys that are right for her age.
- Stick to a daily routine. Keep activities, mealtimes, and bedtimes the same.
- Make sure she gets plenty of sleep.
- Make healthy foods and avoid junk foods.
- Set clear rules and be sure that she understands them.
- Don't give her a choice if she really doesn't have one: Use "It's bedtime!" instead of "Do you want to go to bed now?"
- Do not expect her to behave for long periods of time in adult situations, such as restaurants.
- Don't say "no" to her just because giving her what she wants would be inconvenient.
- Give her lots of warning before changing activities.

CH-25

Version française disponible



# 3 Child Development – Years Old



**Conseil Cri de la santé et des services sociaux de la Baie James**  
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**Cree Board of Health and Social Services of James Bay**

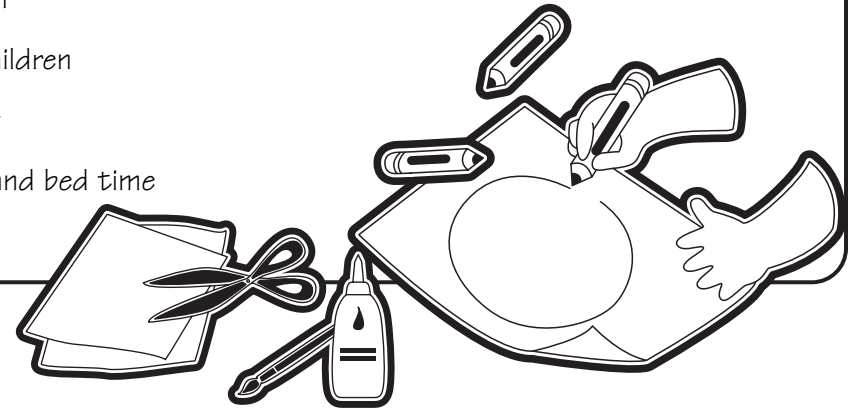
## Your child may be able to:

- ▶ Pedal a tricycle
- ▶ Catch a ball in her hands
- ▶ Talk in sentences. Use the word "I"
- ▶ Talk clearly so strangers can understand most of what she says
- ▶ Draw a circle
- ▶ Name 2 colours
- ▶ Count to 3
- ▶ Get partly dressed by herself
- ▶ Use the potty
- ▶ Ask questions (why? who?)



## You can help your child develop with these activities:

- ▶ Let him try to get dress by himself
- ▶ Set up arts and crafts for him
- ▶ Set up play time with other children
- ▶ Play games with him every day
- ▶ Have meal times, bath times and bed time at the same time every day



## You can help your child improve her speaking with these activities:

- ▶ Read books with her every day
- ▶ Teach her names: pieces of clothing, colours, shapes, animal, rooms,...
- ▶ If she makes a mistake when speaking, repeat her sentences using the correct words and grammar (but don't ask her to repeat after you)
- ▶ Let her answer the telephone
- ▶ Use short simple sentences when talking to her

