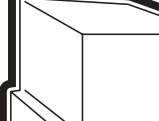
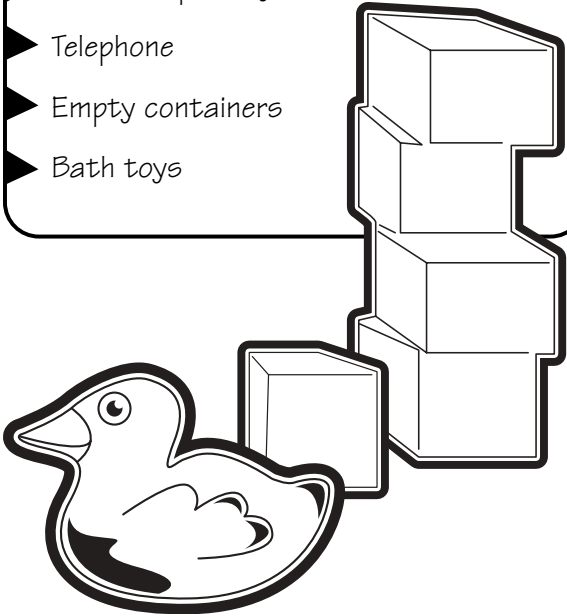


Good toys

for a 9 month old baby:

- Books made of fabric, plastic or cardboard
- Balls
- Wood blocks
- Push and pull toys
- Telephone
- Empty containers
- Bath toys
- 
- A simple line drawing of a stack of three books. The books are shown from a three-quarter perspective, with the top book slightly offset to the right. The drawing uses black outlines on a white background.



Your baby can choke on any toy or part of a toy that is small enough to fit through a toilet paper roll. Make sure all toys are bigger than this.

Do not use baby walkers! They are not safe. Instead, use an activity centre that has no wheels.

Fear of strangers/ Separation Anxiety

At 6-8 months baby may show that he is most happy with his mother (or other main caregiver). Baby may:

- Become afraid of strangers
- Not want to go to other friends or relatives
- Not want to be held by other friends or relatives
- Have trouble going to sleep alone

This is called separation anxiety. It is normal and healthy behaviour.

It usually gets better around 9-10 months, and is over by about 1 year of age.



CH-21

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9 Child Development – Months Old

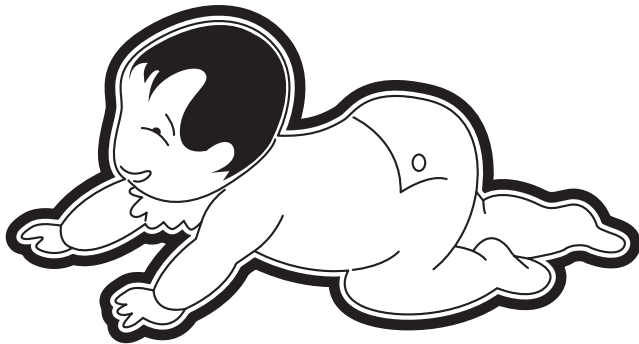


Conseil Cri de la santé et des services sociaux de la Baie James
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Cree Board of Health and Social Services of James Bay

Your baby may
be able to:

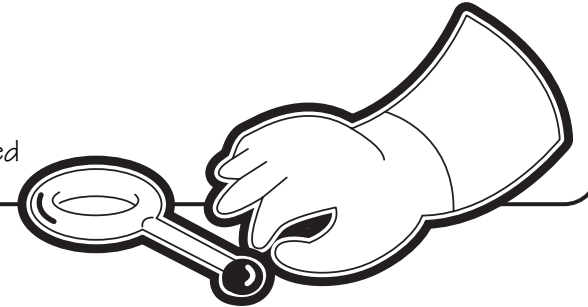


- ▶ Crawl
- ▶ Keep her balance when she is sitting
- ▶ Stand
- ▶ Clap her hands
- ▶ Pick things up between her thumb and pointer finger
- ▶ Reach to be picked up and held
- ▶ Look for a hidden toy
- ▶ Repeat vowel and consonant sounds (da-da, ba-ba)



You can help your **baby develop**
with these activities:

- ▶ Bounce him up and down on his feet, while holding him in a standing position
- ▶ Play hide-and-seek or peek-a-boo
- ▶ Point out noises inside and outside the home
- ▶ Clap hands
- ▶ Change activities often to keep your baby interested



You can help your baby **learn to speak**
with these activities:

- ▶ Read books while pointing to the pictures
- ▶ Make hand motions or face expressions to go along with words
- ▶ Name the parts of the body
- ▶ Smile and repeat what she says

If your child is not turning her head in response to sounds or calling, you may want to get her ears checked. It could be a sign of a hearing problem.

