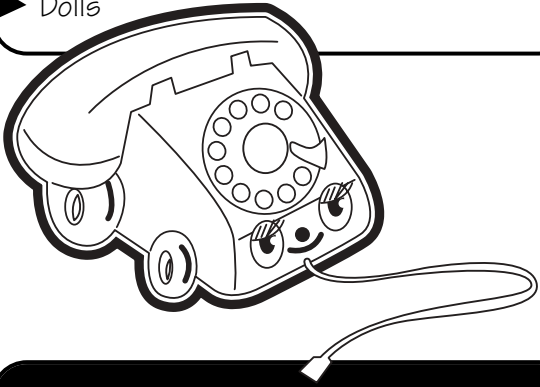


Good toys

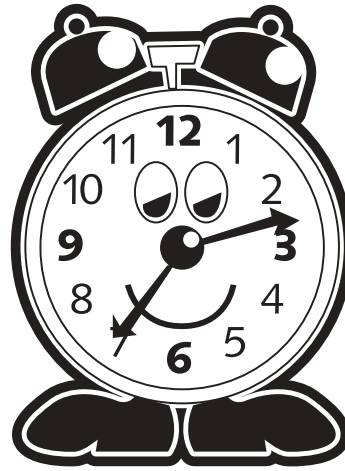
for a 1 year old:

- Books made of fabric, plastic
or cardboard
- Construction sets
- Wood blocks or puzzles
- Push and pull toys
- Telephone
- Plastic or wooden hammer
- Riding toys
- Dolls



Your baby can choke on any toy or part of a toy that is small enough to fit through a toilet paper roll. Make sure all toys are bigger than this.

Do not use baby walkers! They are not safe. Instead, use an activity centre that has no wheels.



If your child is not turning her head in response to sounds or calling, you may want to get her ears checked. It could be a sign of a hearing problem.



Child Development – 12 Months Old

CH-22

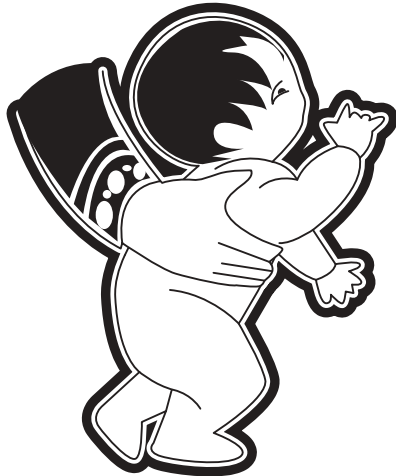
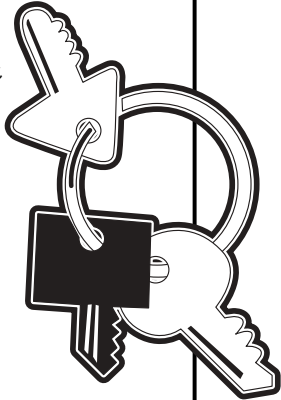
Version française disponible



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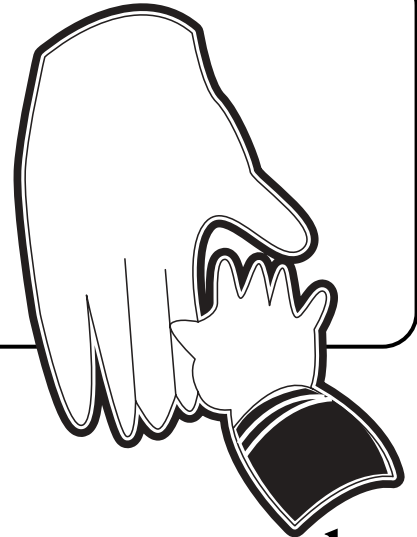
Your baby may be able to:

- ▶ Stand
- ▶ Walk holding on to something or someone (called cruising)
- ▶ Walk alone
- ▶ Pick up things between his thumb and pointer finger
- ▶ Turn when called by name
- ▶ Understand and carry out simple requests (give, sit)
- ▶ Look right into your eyes
- ▶ Empty containers
- ▶ Wave bye-bye
- ▶ Play peek-a-boo
- ▶ Say 2 or 3 words



You can help your baby develop with these activities:

- ▶ Let her crumple and tear paper
- ▶ Give her magazines to look at (make sure they are ones she is allowed to tear)
- ▶ Play ball and other games with her
- ▶ Teach her the noises animals make



You can help your baby learn to speak with these activities:

- ▶ Read books while pointing to the pictures
- ▶ Make hand motions or face expressions to go along with words
- ▶ Name the parts of the body
- ▶ Name the things he sees and does
- ▶ Smile and repeat what he says, but do not "baby talk"

