

**Even healthcare workers can get the flu, and it can be serious.**

**The CBHSSJB recommends the flu vaccine to all eligible healthcare workers.**

**Protect yourself, your family and your patients against the flu and its complications.**



**I won't spread flu  
to my patients  
or my family.**

**Here's where and when to get your free influenza vaccination:**



Conseil Cri de la santé et des services sociaux de la Baie James  
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Cree Board of Health and Social Services of James Bay