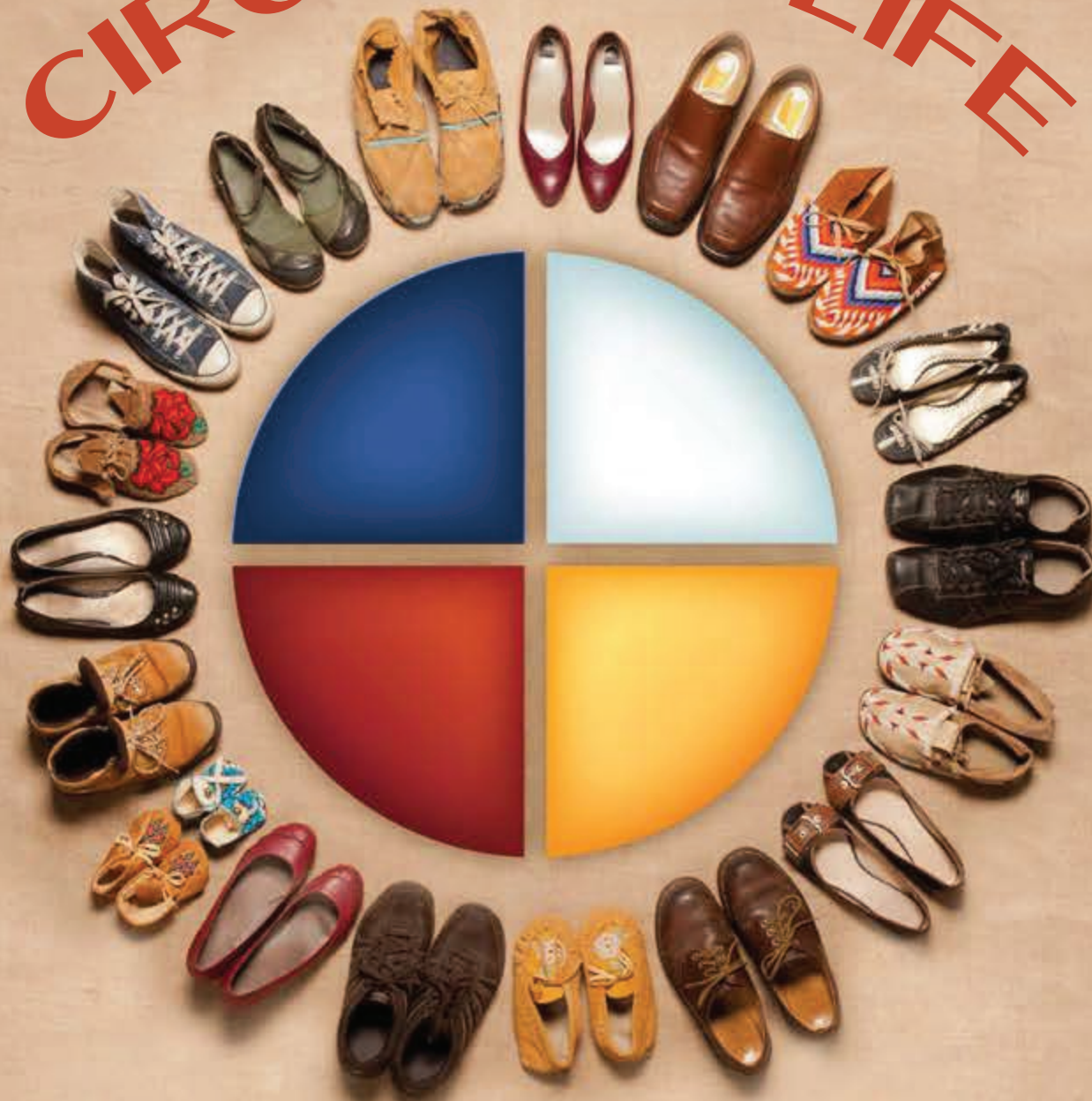


# PROTECT THE CIRCLE OF LIFE



## YOUR VACCINE PROTECTS ME MY VACCINE PROTECTS YOU

The flu vaccine is safe. You can't get the flu from a vaccine.  
Pneumonia and flu are a leading cause of death among Elders.  
Please get a flu vaccine every year to protect you and your family.

### WHERE TO GET THE FLU VACCINE:



Conseil Cri de la santé et des services sociaux de la Baie James  
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Cree Board of Health and Social Services of James Bay

Adapted using promotional materials from the CDC