

Different kinds of drugs have different signs of overdose.

An overdose from depressants is different than an overdose from stimulants. It can also be different from person to person.

Sometimes street drugs are tainted with deadly substances like fentanyl. Even small amounts can cause an overdose.

Overdose is possible whether substances are legal or illegal, mixed or alone.



TAKE A PICTURE OF THIS SECTION WITH YOUR PHONE TO HAVE THIS INFORMATION HANDY IF YOU NEED IT!

Signs of DEPRESSANT OVERDOSE

Depressants **make you feel "down" or sleepy**: alcohol, cannabis, opioids, "benzos", "downers".

- Confusion
- Drowsy, can't wake up
- Slow breathing, hard to breathe
- Slow heartbeat
- Blue lips and/or fingernails
- Cold or clammy skin
- Tiny pupils
- Seizures
- Vomiting

Signs of STIMULANT OVERDOSE

Stimulants **make you feel excited or awake**: cannabis, cocaine, speed, meth, MDMA/ectasy, "uppers".

- Extreme agitation or excitement
- Fast heartbeat
- Sweating
- Chest pain
- Feeling very warm
- Severe headaches
- Seizures
- In and out of consciousness

An overdose can be deadly.
Get medical help fast
if you or someone nearby
shows these signs!

COMMUNITY EMERGENCY NUMBERS

CMC (Clinic):

Police/First Responders:

If you or someone nearby might be overdosing, act fast! **Get emergency medical help right away.**

If you're calling emergency services for someone nearby, **stay with them until help arrives.**

FOR MORE INFORMATION:
creehealth.org/OD



PUBLIC HEALTH DEPARTMENT
OVERDOSE AWARENESS AND
HARM REDUCTION CAMPAIGN 2019

Everyone can learn and help keep everyone safe.