

Cree Nation of Chisasibi Health Conference

"Masters of Our Own Health"



HOSTED BY: CREE NATION OF CHISASIBI,
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY,
CHISASIBI YOUTH AND ELDERS, CHISASIBI HERITAGE &
CULTURAL CENTER & EYYOU EENOU POLICE FORCE

JANUARY 31, FEBRUARY 1 & 2, 2017

1 TO 5 PM & 6 TO 9 PM

MITCHUAP AUDITORIUM



“Chisasibi Health Conference”

Day 1 – Tuesday, January 31, 2017

	<p>REGISTRATION FOR FOOD SAFETY TRAINING: MONDAY, JANUARY 30 (AFTERNOON) & TUESDAY, JANUARY 31, 2017 (1 TO 4 PM) MAPAQ (Ministère d’agriculture, pêcheries et de l’alimentation du Québec) Location: CDBG Conference Room (2 evenings, 6 hours total) **Maximum of 15 people, First come, First served** SPONSORED BY CHISASIBI BUSINESS SERVICE CENTER</p>
1:00 pm	DAY 1: CREE NATION OF CHISASIBI
1:00 pm	<p><i>Master of Ceremonies for Day 1: Clarence Snowboy & Paula Napash</i> <i>Opening Prayer: Canon Jacob Sealhunter</i> <i>Traditional Drum by Heart of the Land</i></p>
1:15 pm	<p><i>Opening and Welcoming Remarks: Deputy Chief Daisy House</i> <i>Bella Petawabano, Chairperson of the CBHSSJB</i> <i>Dr. Darlene Kitty, Family Physician</i></p>
1:25 pm	Introductions and presentation of agenda
2:15 pm	Health Break
2:30 pm	Presentations: <i>Representative, Eeyou Eenou Police Force</i>
3:00 pm	Words of inspiration: <i>Roy Neacappo, Weight Loss and Diabetes</i>
5:00 pm	SUPPER
6:00 pm	Words of Inspiration: <i>Joey Fireman via Skype or FaceTime, Average Joe’s</i>
6:30 pm	Presentations: <i>John Eric Picard, Housing</i> <i>Roy Neacappo, Recreation & Fitness Center</i>
7:15 pm	Health Break
7:30 pm	Words of inspiration: <i>Alexandra Désilets, Fitness and Swimming</i>
8:00 pm	Presentations: <i>Annie Chewanish and Kendal Foisy, Chisasibi Swimming Pool</i>
8:45 pm	<p style="text-align: center;"><i>Day Wrap up: Information of services available and booths</i></p> <p style="text-align: center;"><u><i>Booths: (Fireplace)</i></u> <i>Fire Department, Public Safety, Housing, Swimming Pool, Fitness Center, Economic Development, Youth Council, Youth Development, Youth Center, EEPF, Land and Environment</i></p>
9:00 pm	<i>End of Conference for Day 1</i>



“Chisasibi Health Conference”

Day 2 – Wednesday, February 1, 2017

1:00 pm	DAY 2: CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY <i>Opening Prayer: Canon Jacob Sealhunter</i> <i>Opening Remarks: Clarence Snowboy</i>
1:15 pm	<i>Dr. Darlene Kitty, Family Physician & Catherine Godin, Nutritionist for “Chronic disease: Health Choices”</i>
2:15 pm	Health Break
2:30 pm	<i>Gouthami Thayaparan, Dental Hygienist & Lorraine Pachano, Community Health Representative</i>
3:00 pm	<i>Michel Gendreau, Agronomist “How to grow food in your house”</i>
3:30 pm	<i>Audrée Gilbert, Nutritionist “Nutritional Value of different food and calorie expense of different activities”</i>
4:00 pm	<i>Sandra Ghali, Physiotherapist “Fall Prevention”</i>
5:00 pm	SUPPER
6:00 pm	<i>George Diamond & Reggie Tomatuk “Promotion of Non-Lead Ammunition for Harvesting Cree Traditional Foods”</i>
7:00 pm	<i>Sarah Cowboy & Louise Valiquette “Role of Commissioners of Complaints”</i>
7:15 pm	Health Break
8:00 pm	<i>Wally Rabbitskin, Physical Activity Program Officer</i>
8:30 pm	<i>Lillian Kandiliotis, Nutritionist “Safe Food Handling”</i>
8:45 pm	<i>Day Wrap up: Information of services available and booths</i> <i><u>Booths: (Fireplace)</u></i> Dental Hygienist, Nutritionist, Physiotherapy, Awash, Uschinichisuu, Chishaayiyuu, Agronomy, Health and Safe Communities Program Officer
9:00 pm	<i>End of Conference for Day 2</i>



“Chisasibi Health Conference”

Day 3 – Thursday, February 2, 2017

1:00 pm	DAY 3: YOUTH, ELDERS & CHISASIBI HERITAGE & CULTURAL CENTER <i>Opening Prayer: Canon Jacob Sealhunter</i> <i>Opening Remarks: Jimmy Fireman</i>
1:00 pm	Words of inspiration: <i>Chisasibi Youth, Health and Fitness</i>
1:45 pm	Presentations: <i>Gerti Stephens, Chisasibi Youth Center</i> <i>Rhonda Spencer, Youth Department</i>
2:15 pm	Health Break
2:30 pm	Presentations: <i>Paula Napash, Chisasibi Youth Council</i> <i>Jimmy Fireman, Elders Council</i>
2:45 pm	Traditional Teachings: <i>Elder Marion Cox</i> <i>Elders Maria Scipio & Harry Scipio</i> <i>Elder Abraham Cox</i> “Traditional Medicine in Nouchimi (Marion & Abraham) and Coastal (Maria & Harry); Survival skills and how to live well on the Land; etc.”
5:00 pm	Open discussion: <i>Chisasibi Health Conference recommendations and ideas for the next conference and inspirational stories.</i>
6:00 pm	<i>Day Wrap up: Information of services available and booths</i> <u><i>Booths: (Fireplace)</i></u> <i>Chisasibi Elders Displays (Carving, Sewing, Traditional Medicine, etc.), Youth Development, Youth Center, Youth Council, Chisasibi Heritage & Cultural Center</i>
6:15 pm	<u>Special Evening Event:</u> TRADITIONAL FEAST & FIDDLE DANCE OPEN FOR ALL PARTICIPANTS <i>Closing Remarks: Deputy Chief Daisy House & Clarence Snowboy</i> <i>Closing Prayer: Canon Jacob Sealhunter</i>
9:00 pm	<i>End of Conference</i> <i>See you all next year!</i>

We, the Cree Nation of Chisasibi, wish to thank you for joining us.

***“We are all masters of our own health;
Better choices for a healthier future and community.”***