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CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

COVID-19

(Coronavirus)

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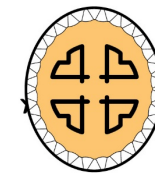
For more information
in English and Cree on the COVID-19
(Coronavirus) visit our website :

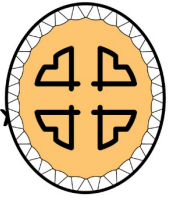
creehealth.org/coronavirus

Faisca Richer



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• What do we know?

- Where does it come from?
- What is the current situation?
- What do we mean by « pandemic »?

• What are we doing?

- Our pandemic plan
- What's next?
- Where to find answers?

What do we know?

CORONAVIRUSES

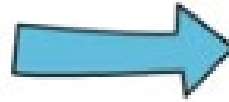
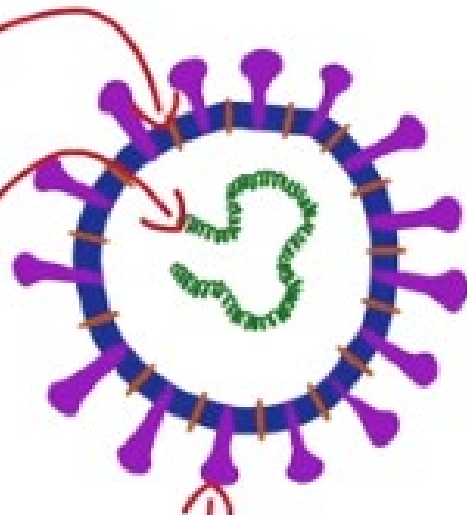
large group of viruses

envelope

Genetic material

protein spikes

crown = "corona"



different types

respiratory gastrointestinal



common cold
pneumonia

generally mild disease

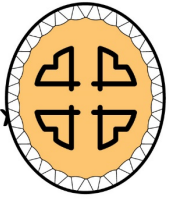
some cause severe disease

SARS-CoV China - 2003

MERS-CoV Saudi Arabia - 2012

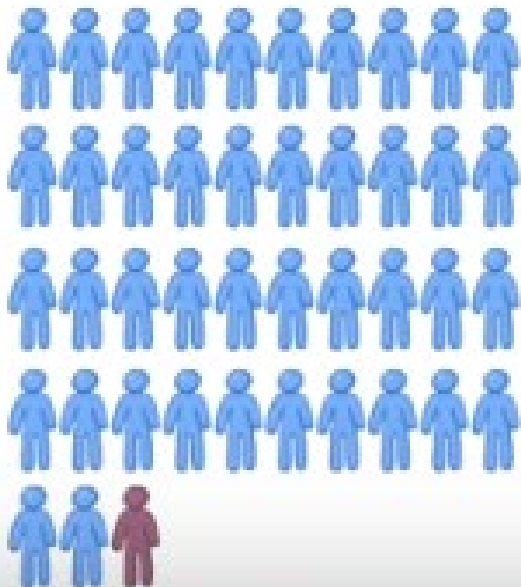
2019-nCoV China - 2019

COVID-19 4"4.4"8"Δ° ∇ 4"~ΓΔ°Δ°



COVID-19

43,103 CASES



SARS (2002)

8,098 CASES



774 DEATHS (9.6%)

MERS (2012)

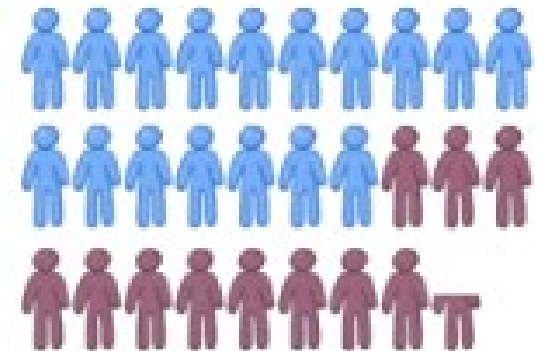
2,494 CASES



858 DEATHS (34%)

EBOLA (2014)

28,639 CASES

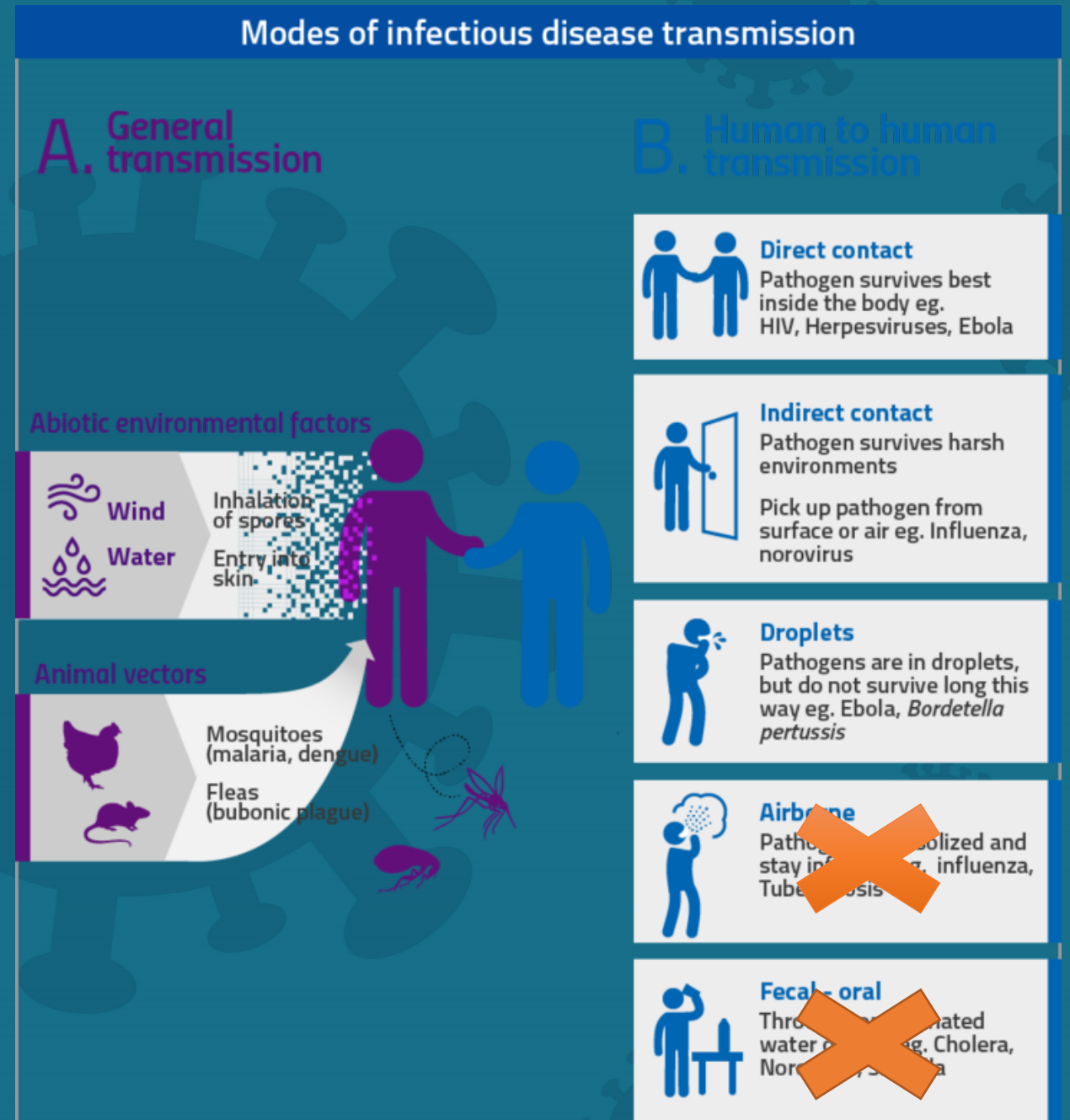


11,316 DEATHS (40%)



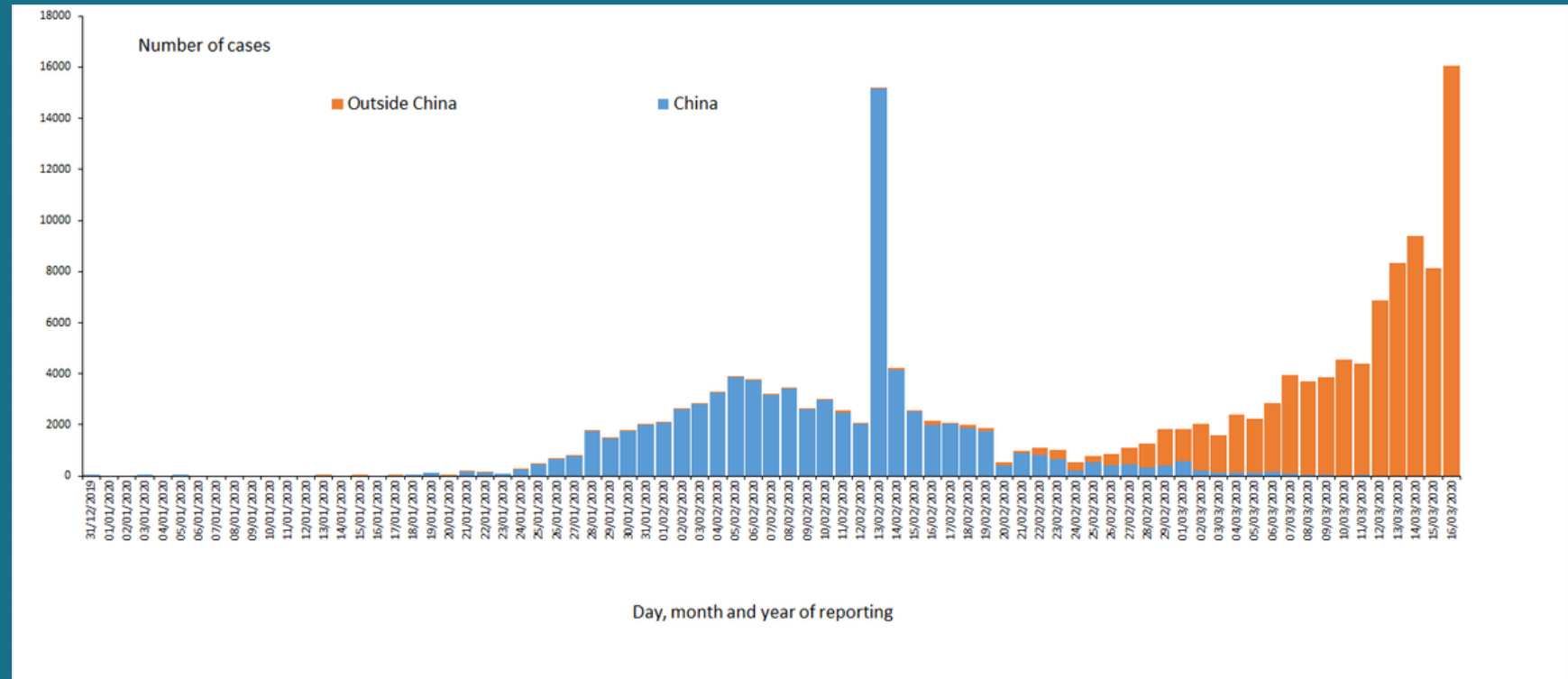
Covid-19 transmission Direct contact

Only when you have
symptoms



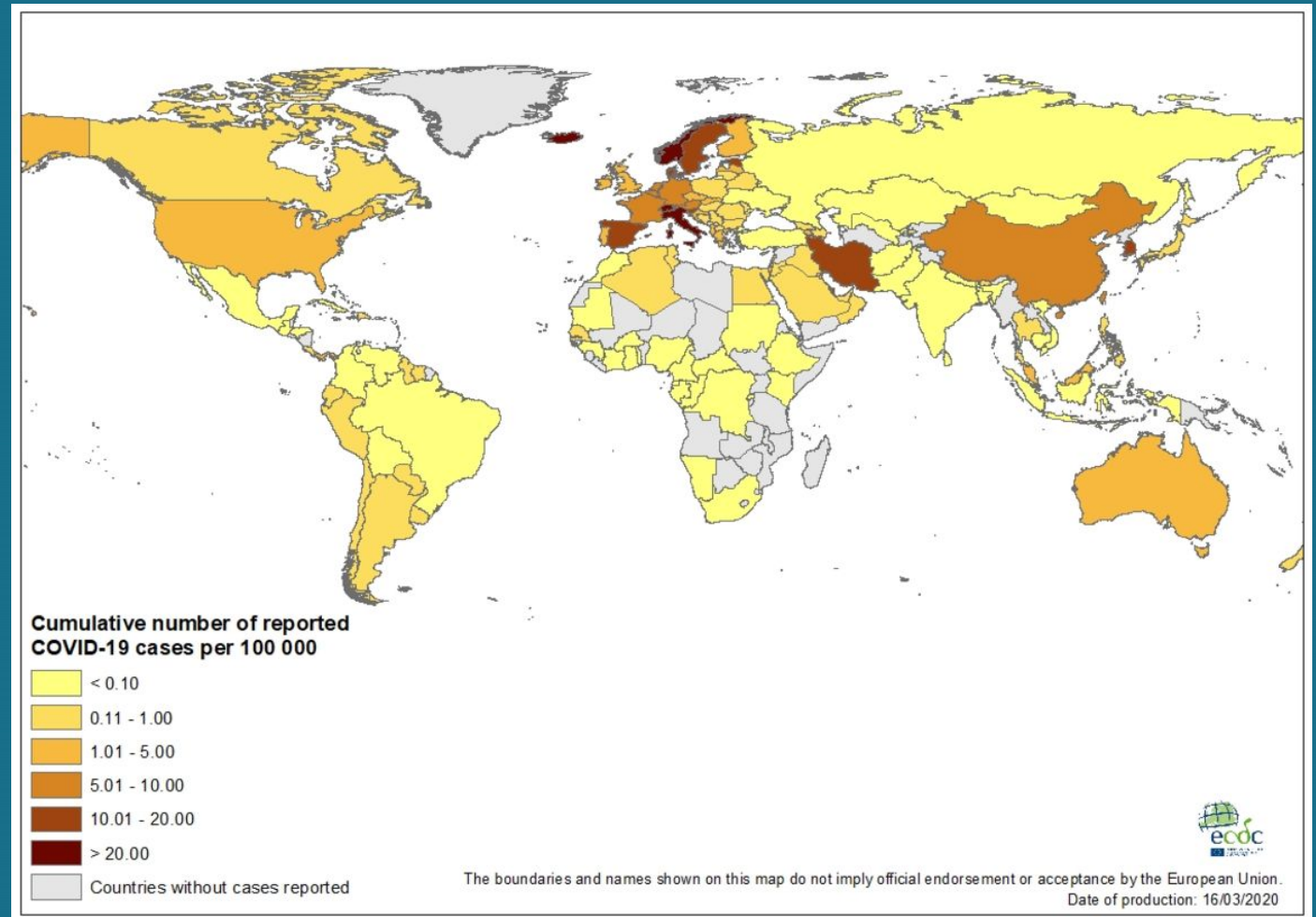
Current situation

- Epicenter initially in China; declining since end of January 2020
- 64% contacts are family members
- 4% of health care workers
- No vertical transmission
- Epicenter is now Europe



Current situation

- Canada 330
 - Ontario 145
 - BC 65
 - Alberta 56
 - Québec 50

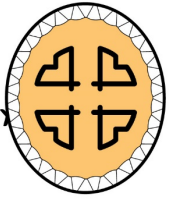




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Confirmed case in our
population

COVID-19 ላላቸው የሚከሰቱት ሁኔታዎች



- A pandemic is an epidemic that affects populations **over several continents**

WHO periods	Phases	Description	MSSS components of action
Interpandemic	Phase 1	No new influenza virus subtypes detected in humans.	Preparedness
	Phase 2	A circulating animal virus poses a substantial risk of human disease.	
Pandemic alert	Phase 3	Human infection with a new subtype, but no human-to-human transmission or, at most, rare instances due to close and prolonged contact with infected birds.	Preparedness + Response
	Phase 4	Limited and highly localized human-to-human transmission. Evidence of growing human-to-human spread.	
	Phase 5	Clusters of human-to-human transmission.	
Pandemic	Phase 6	Sustained human-to-human transmission in the population.	Response
Postpandemic ²		Return to the interpandemic period.	Recovery

Pandemic response

Public health

Surveillance

Prevention & control
measures

Communications

Physical & psychosocial services

Prompt detection,
isolation &
management of cases

Cleaning and
disinfection

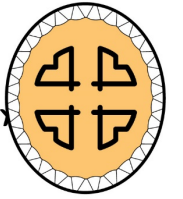
Address psychosocial
concerns

Other entities

Collaborate with civil
security

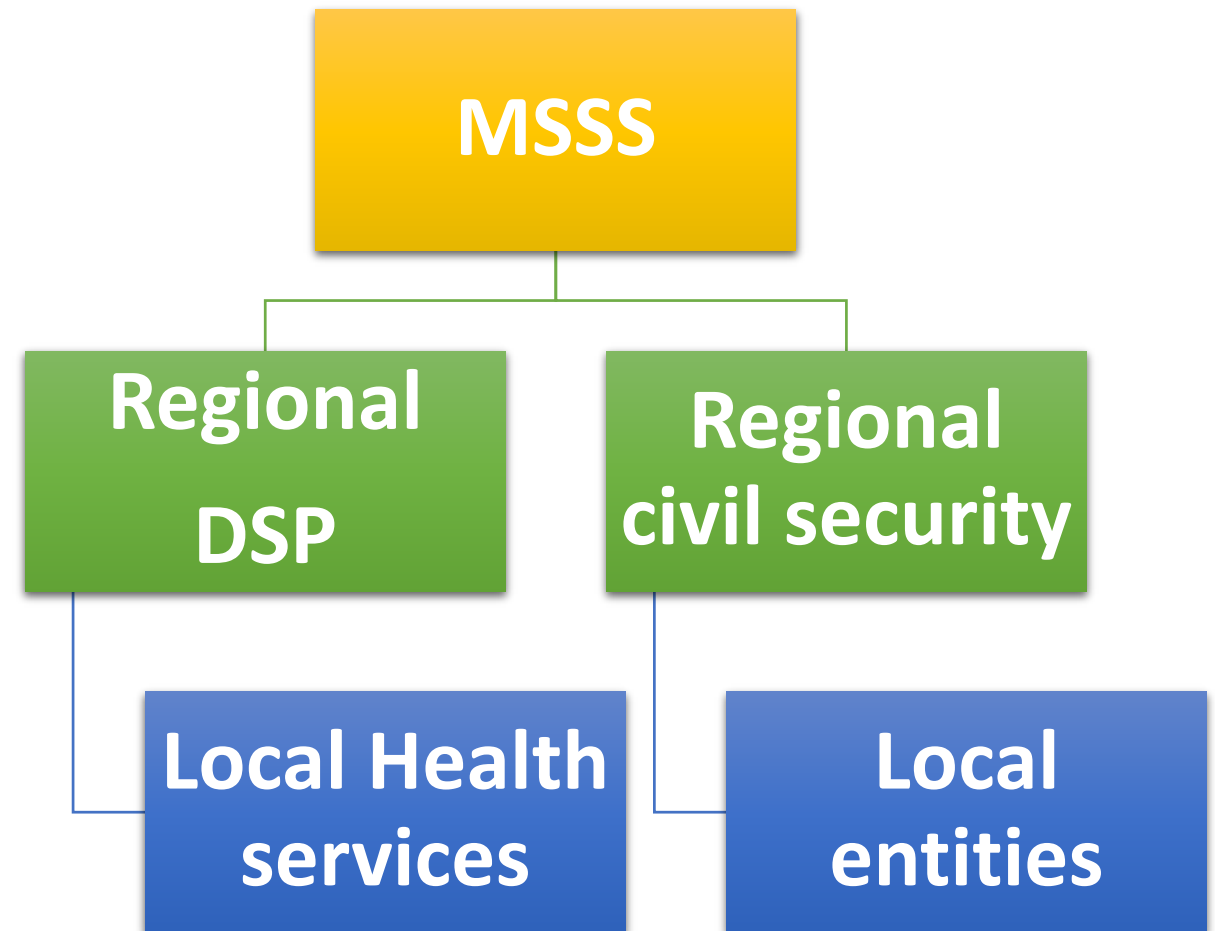
Management of
social gathering

Maintain essential
services



• Rules of governance

- **Protection** – self and others
- **Solidarity** – assistance to others
- **Responsibility** – by function
- **Management** - top down

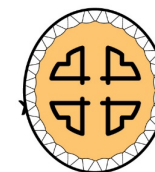
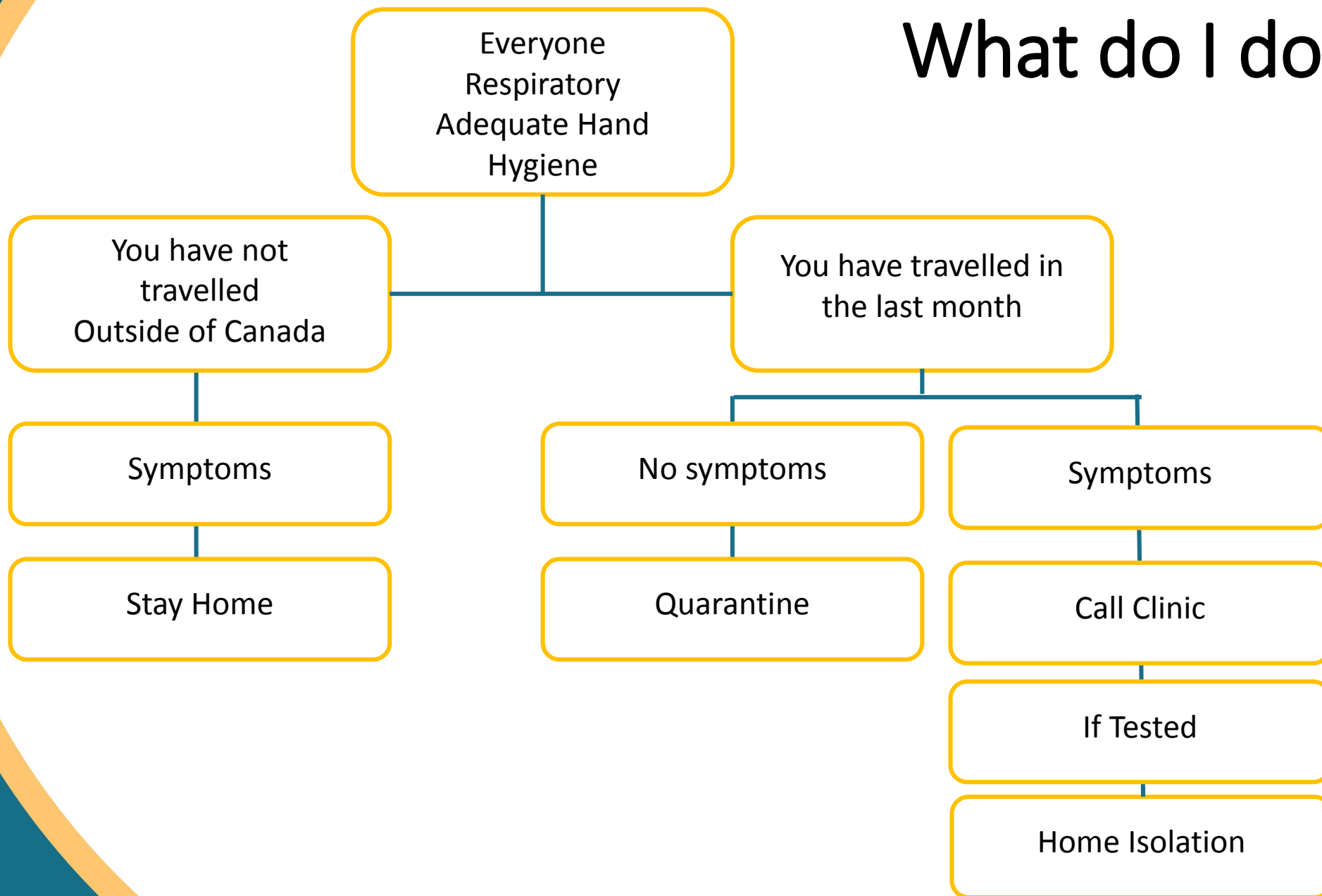


Fine balance between prevention of transmission and limiting social disruption

Even though COVID-19 has captured the world's attention, there are still many other health issues people continue to face every single day, and that WHO is continuing to work on. Babies are still being born. Essential surgery is continuing. People still need emergency care after road traffic crashes. People still need treatment for cancer, diabetes, and many other diseases.



What do I do?



THE BEST WAY TO AVOID CONTAMINATING YOURSELF AND OTHERS IS TO

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CHAA CHISHTAAPAUTIHCHAAYIN / CHÂ CHISHTÂPÂUTIHCHÂYIN

WASH YOUR HANDS

- 1


Wet your hands
- 2


Apply soap
- 3


Rub your hands
together for at
least 20 seconds
- 4


Wash all surfaces,
including nails,
thumbs and between
your fingers
- 5


Rinse your hands
with running
tap water
- 6


Carefully dry
your hands

[illegible]

An infographic titled "WASH YOUR HANDS" featuring six numbered circular icons illustrating the steps of handwashing. The background shows hands being washed under running water.

THE BEST WAY TO AVOID CONTAMINATING YOURSELF AND OTHERS IS TO

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CHAA CHISHTAAPAUTIHCHAAYIN / CHÂ CHISHTÂPÂUTIHCHÂYIN

WASH YOUR HANDS

- 1** Wet your hands
- 2** Apply soap
- 3** Rub your hands together for at least 20 seconds
- 4** Wash all surfaces, including nails, thumbs and between your fingers
- 5** Rinse your hands with running tap water
- 6** Carefully dry your hands

THE BEST WAY TO AVOID CONTAMINATING YOURSELF AND OTHERS IS TO

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CHAA CHISHTAAPAUTIHCHAAYIN / CHÂ CHISHTÂPÂUTHCHÂYIN

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including nails,
thumbs and between
your fingers
- 5**
Rinse your hands
with running
tap water
- 6**
Carefully dry
your hands

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PREVENTION



Protect yourself

- * AVOID TRAVEL to OUTBREAK AREAS
- * STAY AWAY from CROWD
- * STAY > 6 ft or 2 m AWAY fr

PREVENTION

- * HAND WASHING



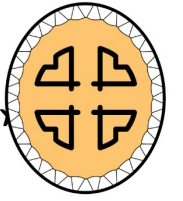
SURGICAL MASK
NOT
RECOMMENDED



- * AVOID TOUCHING
EYES, NOSE, & MOUTH



T-ZONE



Quarantine

- **You don't have symptoms**
- Stay home
- Keep your hands clean
- Hand washing & Social distancing
- Avoid contaminating common items and surfaces
- Monitor your symptoms
- Wash your hands often

Strict home isolation

- **You have symptoms**
- You have been tested and waiting results or received a +ve test results
- Stay home, in a closed room alone
- Wear a mask when with others
- Don't share objects toilets

Protect Others

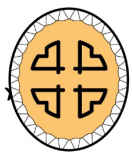
- If you feel unwell
 - if you have not travelled - Stay home
 - If you have travelled – consult the clinic
- Employers should
 - Quarantine employees who have travelled
 - Remind their staff of the importance of staying home when suffering from fever and/ or cough



Stay WELL informed

- <https://www.creehealth.org/coronavirus>
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/>
- <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>
- <https://www.msss.gouv.qc.ca/professionnels/maladies-infectieuses/coronavirus-2019-ncov>





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creehealth.org/coronavirus