



EXAMPLES OF WHAT YOU CAN DO TO HELP PROTECT AGAINST THIS VIRUS

Encourage social distancing

- Limiting the capacity to a maximum number of people at once
- Limiting access to only one person per family
- Adding lines on the floor to show the distance to respect while lining up (minimum 2 meters or 6 feet)
- Making narrow aisles one way only, by adding arrow on the floor
- Closing all dining rooms and eating areas & replacing them by take-outs

Increase cleaning

- Increasing frequency of cleaning, especially high traffic areas & surfaces (e.g. door and fridge handles, counters, cash registry areas, washrooms, carts and baskets)
- Dedicating more staff to cleaning of high traffic areas
- Ensuring use of disinfectant for cleaning surfaces & high traffic areas
- Ensuring availability of sufficient cleaning & sanitizing supply

Increase hand washing & sanitizing

- Adding sanitizing or hand washing stations for costumers at the entrance or cash registry
- Keeping hand sanitizers, sanitizing wipes and sanitizing sprays for sanitizing stations (rather than selling them)
- Asking employees to increase hand washing frequency, and wash hands carefully with soap and warm water for at least 20 seconds
- Ensuring availability of soap and paper towels in washrooms

Protect people at risk

- Offering special service hours for elders & people who are more at risk
- Limiting access to children
- Offer home deliveries, especially for elders and people at risk

COVID-19 (*Coronavirus*)

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CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

For more information
in English and Cree on the COVID-19
(Coronavirus) visit our website :

creehealth.org/coronavirus





Protect staff & customers

- Adding plexiglass guards at the cash registry
- Encouraging customers to tap cards when possible
- Encouraging staff to wear uniforms or aprons during food preparation (exclusively at work)

COMMUNICATION TOOLS

The Cree Health Board has prepared **posters** to communicate important public health messages to the public; we invite you to use them in your facilities.

Hand washing: <https://www.creehealth.org/library/online/covid-19-hand-washing-posters>

Social distancing: <https://www.creehealth.org/library/online/covid-19-social-distancing-posters>

Protecting yourself: <https://www.creehealth.org/library/online/covid-19-protect-yourself-posters>

For those of you who have not yet joined the Eeyou Istchee Healthy Food **Network** (Facebook Group), we encourage you to do so. We will try to provide you with up-to-date information and share good initiatives businesses and organizations are taking to prevent the spread of the virus.

Eeyou Istchee Healthy Food Network:
<https://www.facebook.com/groups/1952307778394891/>

Thank you for the continuous services you are providing for your community; your services are essential!

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