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## **Protect our children** and the future of our Nation.

Avoid alcohol and drugs during pregnancy



Conseil Cri de la santé et des services sociaux de la Baie James σ Ddbe by ΔΓΆ·ΔΑε Δαα br Cbσbu **Cree Board of Health and Social Services of James Bay** 

e Hudon) (Catherin

## Help children reach their full potential.

# Avoid alcohol and drugs during pregnancy



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## Fetal Alcohol Spectrum Disorder can be prevented.

## Avoid alcohol and drugs during pregnancy



5M Photographie (Catherine Hudon)