

Cannabis and Youth

Learn the
health risks
of Cannabis



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CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

Your brain is still growing.

Your memory, learning and emotions are growing with you.
Using cannabis can make it harder to learn and focus.



It can hurt the parts of your brain still growing.

You need a healthy brain for school, sports, video games,
hunting, working...everything!

The best way to protect your health is to not use cannabis.



IF you do use cannabis...

Do not use a lot.

Do not use it all the time.

**Health impacts from using cannabis while
your brain is still growing may never go away.**