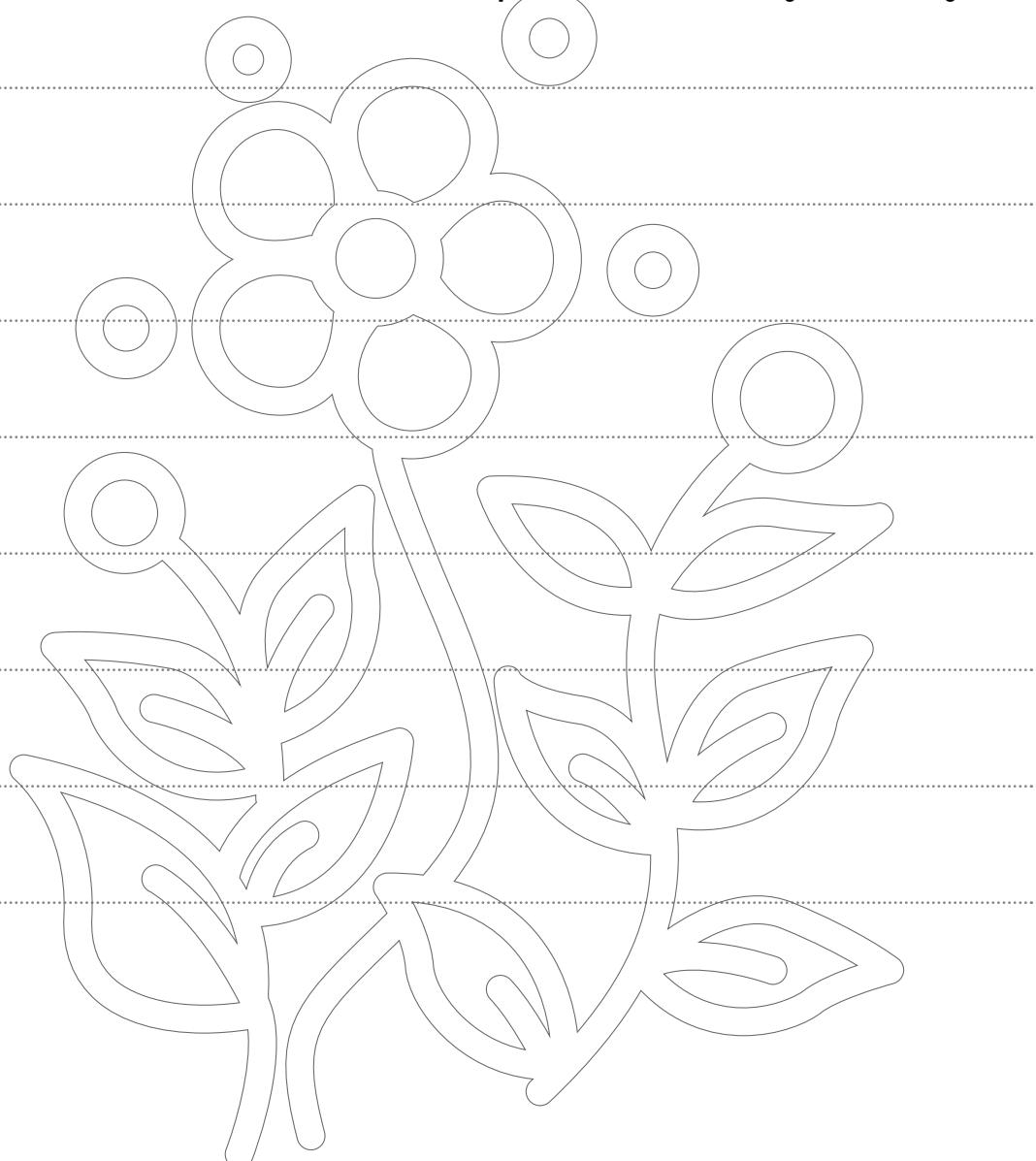


OBEDIENCE

- To be alcohol and drug free
- Active listening
- Respecting the land
- Respecting Cree values
- Learning and observing Cree teachings
- Keeping our Cree language and teaching the young so we can keep our language
- Following traffic signs etc.
- Listening to your parents, grandparents, siblings, teachers, friends, elders, leaders
- Going to meetings, conferences, workshops
- Getting involved with activities
- Discipline
- Consistently saying no to bad foods
- Listening when others talk
- Boundaries
- Sowing the seeds of a fruitful, loving and peaceful life
- Listening to orders as if your life depends on it, it may someday will



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