

Mâmû â uwâyâyihtimihkw miyupimâtisiwin ishi nîshtâmihch



Planning The Future Of Miyupimaatsiun Together:
What does our future success look like?

Where are we today?



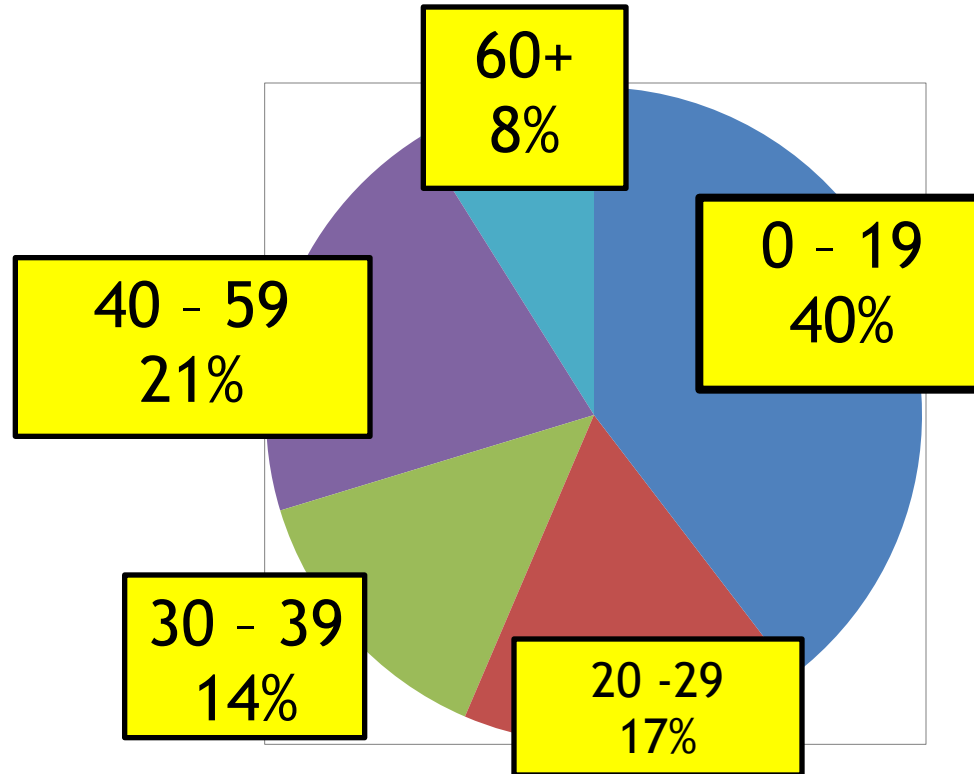
Where do we want to be
10 years for now (in 2026)?

Demographics

Population doubled in 30 yrs:

- 1985 - 8,800
- 2015 - 17,600

Age Distribution in Eeyou Istchee



Half of
population
is under 25
yrs.

Demographics

IMPACTS: more health care, social services, education, employment, welfare, Cree language, traditions & culture, housing,

Natural Environment



Natural Environment





Employment and Economy:

Nutritious Food Basket: How much does it cost to feed a Cree Family of 4 a week?

In Eeyou Istchee, it costs \$312.

(Montreal - \$207)

\$80/100 goes to buy nutritional food

Traditional Culture



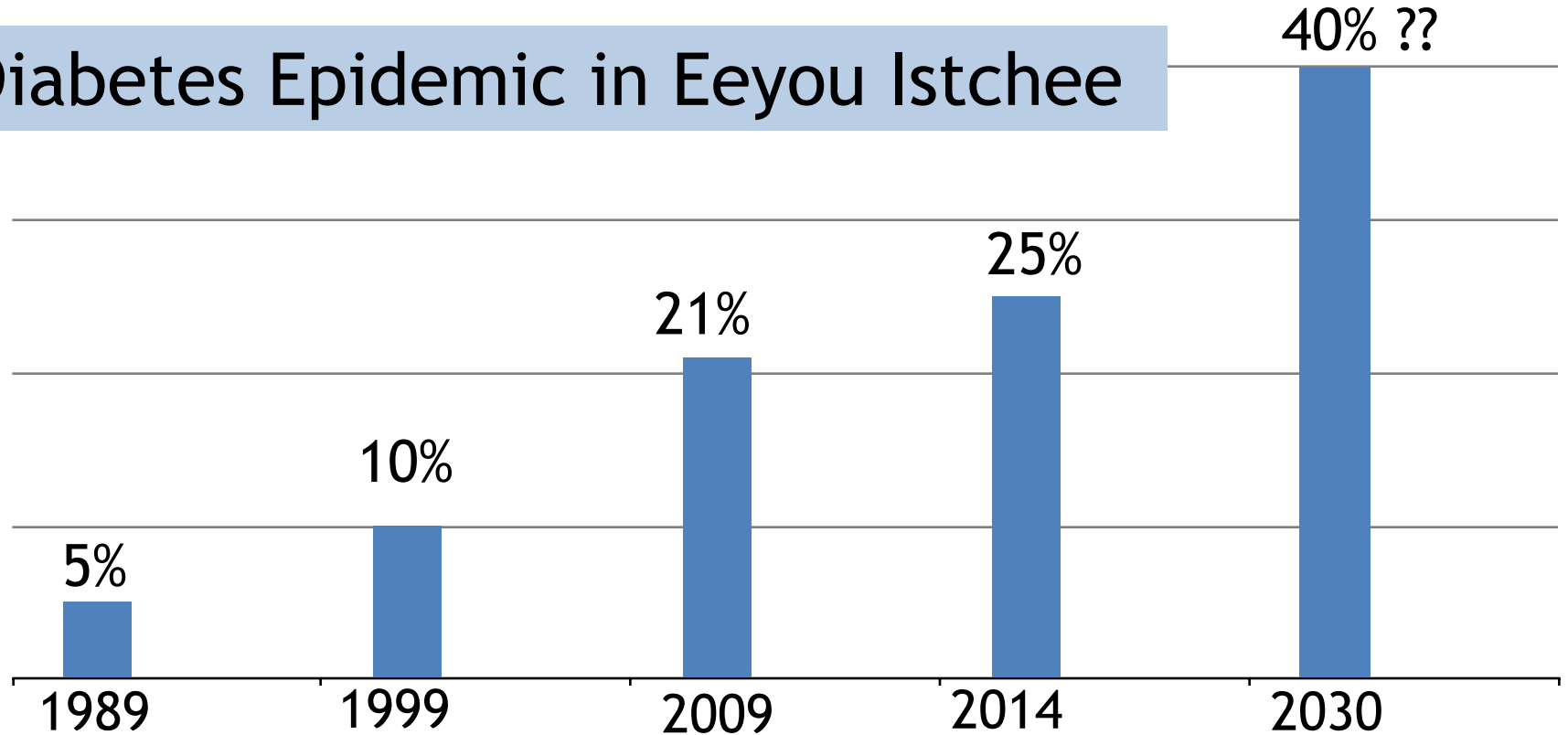
Traditional Spring Hunting
vs.
Modern Spring Hunting

Infrastructure and Housing

- In Eeyou Istchee, 1 in 5 every houses is overcrowded - in Quebec it is 1/100
- Impact: sickness, sleeping in shifts - parents sleeping in night, kids sleeping during the day
- 4 generations in a home

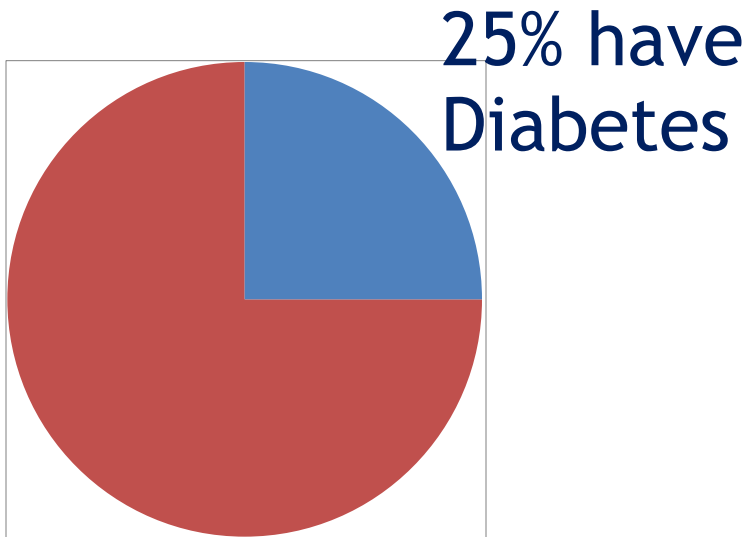
Physical Health and Health Services

Diabetes Epidemic in Eeyou Istchee

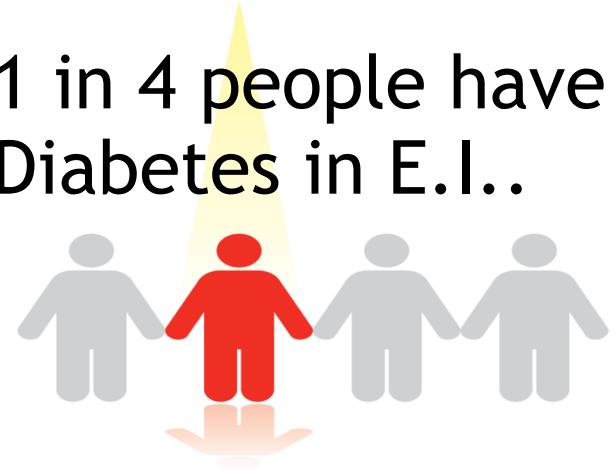


Physical Health and Health Services

2535 People have
Diabetes in E.I.

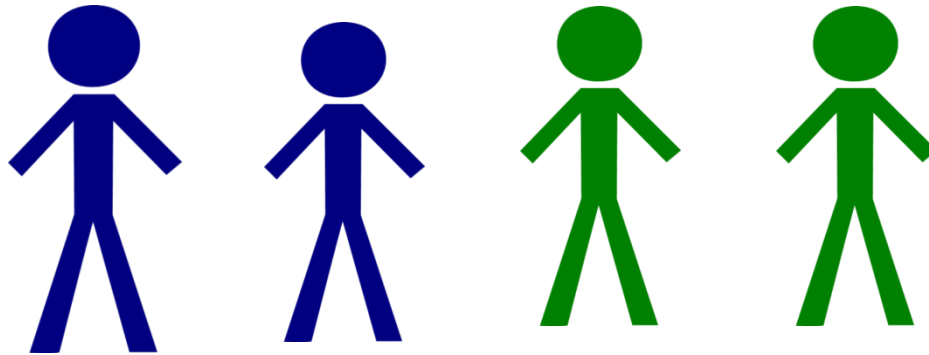


1 in 4 people have
Diabetes in E.I..



Physical Health and Health Services

We are 4 in my family, 2 of us have
Diabetes



Maternal and Infant Health

Gestational Diabetes is very high
in Eeyou Istchee.

Probable cause: mothers today hardly
do psychical activity compared to the
good old days when pregnant women
were busy working until their
birth of their child.

Maternal and Infant Health

Gestational Diabetes Impacts;

- Babies are bigger meaning more C section births.
- This puts births in E.I. in jeopardy.
- Risk for Mother and Child to develop Diabetes later in life.

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MEGWETCH!

MERCI!

Thank YOU!