

# MIYUPIMAATISIUN MEEYOOCIMOON NETWORK CALENDAR

TOLL FREE DIAL IN NUMBER: 1-855-453-6961 CONFERENCE ID NUMBER: 4161075



A Health and Wellness Network connecting with other communities in Eeyou/Eenou Istchee

- To bring our people together to communicate and to share knowledge, experiences and events/activities that promote Healthy lifestyle

Our Monthly one (1) hour teleconferences are scheduled from 11AM to 12 PM following these days for the rest of the year:

JANUARY-NO SMOKING							FEBRUARY-HEART HEALTH							MARCH-NUTRITION							APRIL-ORAL HEALTH							MAY-INJURY PREVENTION							JUNE-ELDERS HEALTH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2						1	2		1	2	3	4	5	6				1	2	3	4							1
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														31																											30
JULY-PHYSICAL ACTIVITY							AUGUST-REPRODUCTIVE & SEXUAL HEALTH							SEPTEMBER-HEALTHY SCHOOLS							OCTOBER-CANCER AWARENESS							NOVEMBER-DIABETES PREVENTION							DECEMBER-MENTAL HEALTH, ADDICTIONS&VIOLENCE PREVENTION						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				