



Conseil Cri de la santé et des services sociaux de la Baie James
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Cree Board of Health and Social Services of James Bay

BOARD OF DIRECTORS' RESOLUTION

CBHSSJB # 01/154/12

SUBJECT: Adoption of the CBHSSJB Nutrition Policy

The Board of Directors of the Cree Board of Health and Social Services of James Bay having met in Montreal, Quebec on the 11th, 12th and 13th days of December 2012.

PROPOSED BY:
Shirley Diamond

WHEREAS the CBHSSJB is committed to promoting healthy eating habits and becoming a model for other entities serving food.

SECONDED BY:
Angus Georgekish

WHEREAS it is the CBHSSJB's responsibility to provide healthy food to its clientele, including patients, staff and visitors.

WHEREAS chronic disease prevalence is increasing every year in Eeyou Istchee.

ACTION: Carried

WHEREAS healthy eating is one of the cornerstones of health and well-being. Healthy food choices play an important role in the prevention of many chronic diseases.

WHEREAS it is essential for the CBHSSJB to provide nutritious, safe, tasty, attractive and culturally appropriate food in its food service establishments and during the activities it organizes or funds.

WHEREAS the workplace should give the opportunity to its employees to acquire healthy lifestyles

WHEREAS a reference framework was provided by MSSS to help health and social services institutions develop their own nutrition policy that should be adopted and implemented by March 2013.

BE IT RESOLVED:

THAT the Board of Directors of the CBHSSJB adopts and supports the implementation of the Nutrition Policy.

THAT all staff and managers of the CBHSSJB are responsible for the application and enforcement of the Nutrition



Policy.

THAT a committee composed of staff, managers and nutritionists will be formed to develop an action plan and oversee the implementation of the Policy, and its evaluation.

**Certified copy of a resolution
adopted on December 11-13, 2012**

Corporate Secretary