



**Don't have a valid Health Insurance Card? Please get one. It's important.**

## **Not having a valid Health Insurance Card is serious business.**

In case of an **Emergency Surgery**: If you don't have a card, or have an expired card, you will have to **pay for the surgery yourself**. You will be reimbursed but only if you get a card within one year.

In case of a **non-Emergency Surgery**: If you don't have a card, or have an expired card, the **surgery will be cancelled until you get a card**.

Please make sure you and all your dependents (children and elders) **get a card before the next medical appointment down south**. Always carry a card with you when you travel down south.

To find out how to get or renew a Health Insurance Card **call the Services Quebec office in Chisasibi, 1-800-567-4385 extension 0**. They speak Cree, English, and French.

## **Local contact person:**



Conseil Cri de la santé et des services sociaux de la Baie James  
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Cree Board of Health and Social Services of James Bay

Régie de  
l'assurance maladie

Québec 